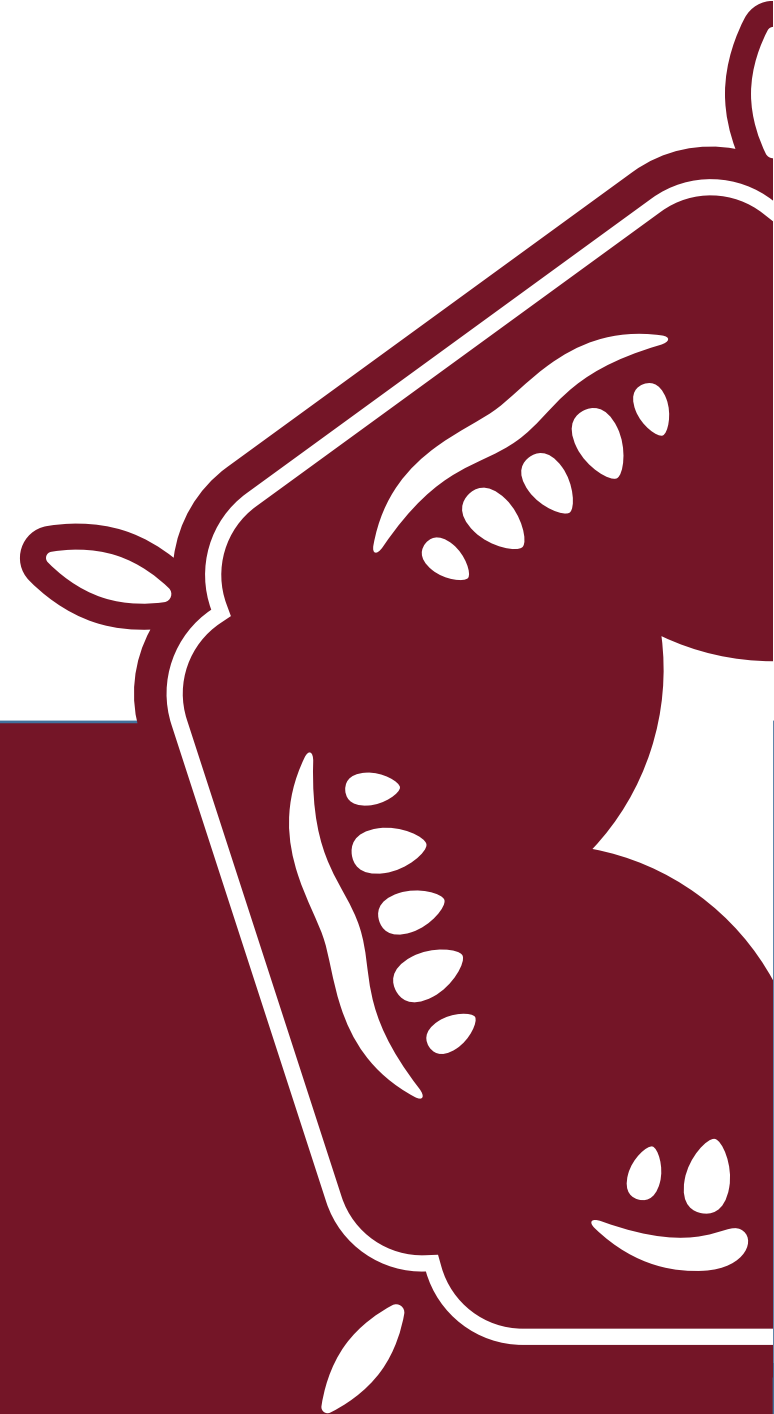




THE
BRITTONS
ACADEMY

Safeguarding Bulletin

June 2024



Kooth Assemblies

Kooth – the place to find all kinds of helpful content to boost your wellbeing, manage difficult feelings and support your mental health.

Kooth is an online counselling services available to our students.

Students will be provided information on Kooth in assemblies before the end of term:

Thursday 11th July – Year 9

Monday 15th July – Year 10

Tuesday 16th July – Year 7 and 8



kooth

Kooth is now available across all of London

Young people all over London can now access free, safe and anonymous mental wellbeing support

Visit **kooth.com** to explore what support is available to you

The graphic features a teal background with white text. Below the text is a stylized illustration of London landmarks including the Tower Bridge, Big Ben, the London Eye, and the Shard, set against a backdrop of soft, rounded shapes representing hills or clouds.

Havering's Summer Holiday Activities and Food (HAF) Programme 2024 is OUT!

FUNDED HOLIDAY FUN ACTIVITIES AND FOOD!

Holiday Activities and Food Summer Programme (HAF)

**Supporting families during
the Summer Holidays**



Thursday 25 July to Sunday 1 September 2024



Havering's Holiday Activities and Food (HAF) Summer Programme 2024 is OUT!



- The Holiday Activities and Food Programme (HAF) is a funded initiative that provides fun activity and food provision for children aged reception to year 11 who are eligible for BENEFIT RELATED Free School Meals during the Easter, Summer and Christmas Holidays.
- The programme is designed to support families on a lower income, or children who are considered to be vulnerable. Children who attend a HAF club will have access to a full range of activities and will receive a healthy nutritious meal. School holidays can be a pressure point for some families due to increased costs and reduced incomes. The HAF programme can help support those families and children to access local fun healthy activities and food during the school holiday periods. This not only provides the opportunity for children to enjoy the activities on offer and be fed with a nutritious meal, it also helps supports families financially during this period.
- To have access to the funded sessions you **MUST** be eligible for benefit related free school meals (BRFSM) and have made an application through Havering, regardless of your child's age as not all children in KS1 are eligible even though they receive a meal at school usually. A referral for vulnerable families who do not meet the benefit related free school meals criteria, can be made via your school and/ other services. Once referred and eligibility is confirmed you will be given a unique voucher code via your referrer to access booking your funded place on a HAF programme (BRFSM eligibility do not need a code to book). Eligibility checks will be completed to confirm your funded place post programme booking registration with HAF providers.
- Every eligible child can access up to 64 hours of funded activities this Summer Holiday!

County lines – free parental webinars



- Please share widely the following links to free parental webinars on the topic of county lines run by Ivison Trust, a national charity working to keep children safe from exploitation by supporting parents, disrupting exploiters and working in partnership with police and family services. Each session is delivered by a local police officer alongside a parent or young person with lived experience of how county lines has affected their lives.
- The first two sessions are open for universal booking; they are tailored to the age of the child and appropriate for parents and children to watch together. The third session (see link below and attached flyer) is specifically tailored to parents of children in Havering and other East London boroughs and is supported by Project Adder, the drugs partnership for Havering, Barking and Dagenham, Redbridge, Hackney and Tower Hamlets; it focuses on how to spot signs of County Lines, gang affiliation, grooming and exploitation.
- [County Lines - Free Parent & Child Webinar \(Under 12's\) Tickets, Tue 2 Jul 2024 at 18:00 | Eventbrite](#)
- [County Lines - Free Parent & Child Webinar \(Over 13's\) Tickets, Tue 2 Jul 2024 at 19:00 | Eventbrite](#)
- [County Lines Awareness in London \(East\) - Free Parent Webinar Tickets, Thu 11 Jul 2024 at 18:30 | Eventbrite](#)

Summer holidays

Polite reminder that emails are not checked regularly over the holiday period. If you require any support over the break, please contact:

101 – non-emergency police

- **999 – Emergency police**
- **01708 433222 – 9am – 5pm, Havering Social Care**
- **01708 433999 – out of hours, Havering Social Care**

For mental health support, you can access:

Via GP / A & E – Queen’s Hospital

- **www.kooth.com – online counselling**
- **[Mental Health Helpline for Urgent Help - NHS \(www.nhs.uk\)](http://www.nhs.uk)**
- **Mental Health Direct - 0800 995 1000**
- **0300 300 1888 (CAMHS)**
- **NHS Direct – 111**
- **Young minds - <https://youngminds.org.uk/>**

- **[Shout - UK's 24/7 Crisis Text Service for Mental Health Support | Shout 85258 \(giveusashout.org\)](http://giveusashout.org)**
- **[Papyrus UK Suicide Prevention | Prevention of Young Suicide \(papyrus-uk.org\)](http://papyrus-uk.org)**
- **The Mix (11am – 11pm confidential support) 0808 808 4994**

For other additional sources of information, you can access:

- **Parenting Surgery - 01708 432636/ parenting@havering.gov.uk**
- **[Mental Health – Hall Mead School](#)**
- **HAF activities - www.Havering.gov.uk/HAF (more information available online for selected families)**