



6th December 2023

Dear Parents/Carers,

As we are approaching the start of a new calendar year, I thought that it would be an opportune time to write to you with some information in relation to physical education at The Brittons Academy. Being the line manager for PE, I am proud to say that most of our students actively engage with lessons and do indeed recognise the benefit of taking part in regular physical activity. We also have a considerable proportion of students who participate in PE enrichment opportunities, with many proud to represent our school.

This year, the department has worked hard on providing more extra-curricular opportunities and fixtures for the students. This will continue to be one of the main priorities for the department moving forward.

It is a legal requirement for all students to participate in physical education lessons as part of the National Curriculum and it is considered a core subject. Therefore, I would like to remind you that all students are expected to participate in their lessons and will only be excused if they have provided the school with medical evidence. However, we do understand doctor's appointments are difficult to get so in these cases we request all children still bring in their PE kit and join in with parts of the lessons that do not require as much physical activity under the teacher's discretion. As a department, we feel there is always a proportion of the lesson a child can join in and involve themselves fully in aspects of the learning.

This year, the school updated the kit for PE and made it more affordable for parents. The school do offer a long sleeve training top for the students, and this can be purchased from Havering Schoolwear. However, I understand this can be quite expensive. In circumstances where this top cannot be purchased, students are encouraged to wear a long sleeved white or black top under their white t-shirt to help keep them warm.

Obviously, students are allowed to wear a pair of black jogging bottoms, thermal clothing, or leggings in the wintery weather. Also, we have several students trying to do PE in their school shoes, for health and safety reasons it is essential the correct footwear is worn to lessons. Our aim is to get everyone participating and enjoying their PE lessons, whilst still being smart and identifying as a student at The Brittons Academy.



Yours sincerely,

A handwritten signature in black ink that reads "Mrs. L. Cossey-Atkins".

MRS. L. COSSEY-ATKINS
Assistant Principal