

29th January 2021

Dear Parents/Carers,

I hope this finds you and your loved ones well.

Thank you for all of your support with the additional Ofsted monitoring visit, which occurred on Wednesday and Thursday. The inspectors commented on the volume and overwhelmingly positive responses on their parent view portal. 97% of you said that you would recommend Brittons to another parent, which is really humbling. The visit was very positive and they will publish a letter on their website which I will share with you as soon as I am able.

At Brittons we make every effort to listen and respond to feedback we receive. A lot of you have expressed delight in how much better the remote learning is this lockdown with live lessons following the timetable, but also very understandable concern about the amount of time your child is spending looking at the screen each day. We are trying to incorporate elements in each lesson where the students are working away from the screen, but it is still a very real issue.

We have decided to make Wednesday 3rd February a day when your child is not in front of the screen. Below is a list of possible activities they could do which are educational and also good for their wellbeing.

Wellbeing

Please ask your parent/carer's permission before trying any of the food activities.

- Read your favourite book
- Design a book cover for your favourite book
- Read a story or nursery rhyme to a younger sibling or video call someone you know
- Create a word search on paper and challenge someone in your family to complete it
- Try a crossword or sudoku
- Draw the characters from your favourite books
- Use washing up liquid to make bubble liquid and try and blow the biggest bubble you can
- See how many different animals and birds you can spot from your window
- Help your family out by doing some chores around the house
- Try learning a poem by heart
- Write a list of everything in your life you are thankful for
- Watch a film in another language with subtitles
- Dress up as your favourite TV or Film character
- Play a board game
- Build a den or pillow fort – ask your parents/carers first!
- Make a list or draw a picture of everything in your house that starts with the letter R
- Draw a picture of everyone in your family
- Take a photo of the five things in your house that mean the most to you, organise them into a photo collage
- Write a quiz for your family and see who wins
- Write a proper letter to someone you're missing

- Start a diary – write down how you're feeling and what you're up to each day
- Try Origami (paper folding)
- Listen to a podcast or radio show
- Keep up to date with the news

- Write a letter to your future self, explaining what is happening at the moment and how you are feeling
- Use an app like Duolingo to learn another language
- Food Flags – Choose a country from around the world. Make a food product that includes a flag. It can be any food.
- Saturday Night Fake Away – Make your own take away from scratch and enjoy with your family
- Themed dinner party - Have a themed evening with your family. Choose any theme. For example, a Mexican night; find some Mexican music to play, decorate the table with some Mexican themed decorations and place names, design a Mexican menu and cook the dishes for the evening and each member of the family could learn some interesting facts about your theme to share with everyone over dinner
- Great British Bake Off – Have a baking competition to see who can make the best bread, cakes or pastries at home
- 5 a day challenge – Make a meal, dessert or snack that includes as many of your 5 a day as possible
- Smashing Smoothies – Design your own family smoothie. Here are some recipe ideas to start you off

Exercise

If you go outside, make sure you have your parent/carer's permission and that you stick to the 2 metre social distancing guidelines

- Go for a walk or run in the park – see how many different trees you can see
- Go for a bike ride
- Try out some Yoga
- Put on some of your favourite music and dance until you're out of breath
- Run up and down your stairs or living room. Start with 10 times then do more every day so you beat your record. Be careful not to knock anything over or hurt yourself!

We would love your child to share their photos with us, either on the Facebook page or by using the school email address.

In addition, on Thursday 11th February there will not a be a live lesson 5, as it is the first of our virtual parents' evenings, this time for Year 9. Each year group will get an hour's careers work to do, to ensure students are reflecting on their future aspirations and evaluating their Post-16 options. Further details to follow.

Thank you again for all your support.

Take care.

Best wishes,



MR. W. THOMPSON
Principal