Stay Safe Online

Remember the five smart rules when using the internet and mobile phones

S — **Safe**
Keep safe by being careful not to give out personal information when chatting or posting online. Personal information includes your email address, phone number and password.

M — **Meeting**
Meeting someone you have only been in touch with online can be dangerous. Remember online friends are still strangers even if you have been talking to them for a long time.

A — **Accepting**
Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems—they may contain viruses or nasty messages!

R — **Reliable**
Someone online might lie about who they are and information on the internet may not be true. Always check information with other websites, books or someone who knows.

T — **Tell**
Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried or if you or someone you know is being bullied online. For more information see the e-safety page on the school website.