

SPORT

BTEC

Course Overview

The course is practical, and work-related. You learn by completing projects and assignments that are based on realistic workplace situations, activities and demands. Students will focus on the study of sport and develop a range of specialist skills and knowledge.

The course is made up of four units. Three of the units consist of written assignments that will be assessed and verified internally and externally:

- ★ Leading Sports Activities
- ★ Practical Performance in Sport
- ★ Applying the Principles of Personal Training.

The fourth unit is an externally assessed onscreen test:

- ★ Fitness for Sport and Exercise.

Examination Board and Assessment

Edexcel Examination Board	
Each internally assessed unit has specific assessment criteria that is used to judge learners' work	75%
The externally assessed online test unit is assessed using a marks-based scheme (one examination)	25%

Is this course right for me?

Students who will enjoy completing extended projects about sport alongside putting their theories into action.

PE DEPARTMENT: STATEMENT OF CURRICULUM INTENT

INTENT

The Physical Education department strongly believe that sport and exercise is an essential tool to prepare, support and develop students in every aspect of their journey through the Brittons Academy. It is our intent to provide students with fun, engaging lessons that are accessible to ALL whilst challenging and inspiring students to improve and progress in a range of different activities.

It is our intent to provide students with lifelong skills that can develop their character and embed values such as fairness, respect, leadership and team work.

Students will have a strong understanding of the importance of living a healthy, active lifestyle and the impact this can have on them physically, socially and emotionally. Our broad and varied curriculum will also equip students with the skills and knowledge to excel, should they wish to further continue their study of physical education post 16 and beyond.

We are proud of our community and believe that providing students with the opportunity to engage in competitive sport will give them the confidence to extend their participation beyond school and attend clubs, teams and organisations in the local area.

KS3

In KS3 sports are taught on a rotational basis. During the key stage students will study a selection of sports including football, netball, gymnastics, rugby, volleyball, athletics, cricket, rounders and softball. In some of these areas students will be given the opportunity to compete internally at house level and externally in Borough competitions. Part of each unit will develop the student's understanding of a healthy lifestyle, and knowledge of muscles, bones, and the effect of exercise on the heart. Participation by all students is strongly encouraged, regardless of ability or previous experience. Principles of respect and fair play underpin the curriculum.

KS4-

Core

Core KS4 sports are taught on a rotational basis, the students at certain points have the opportunity to make choices as to the sports that they take part in. It is our intent that students develop the skills necessary to be able to coach and lead themselves to foster a lifelong enthusiasm for sport and exercise. Knowledge of health and fitness is gained by the students promoting a healthy active lifestyle. Building on KS3, new sports may include weight training, aerobics, yoga and table tennis.

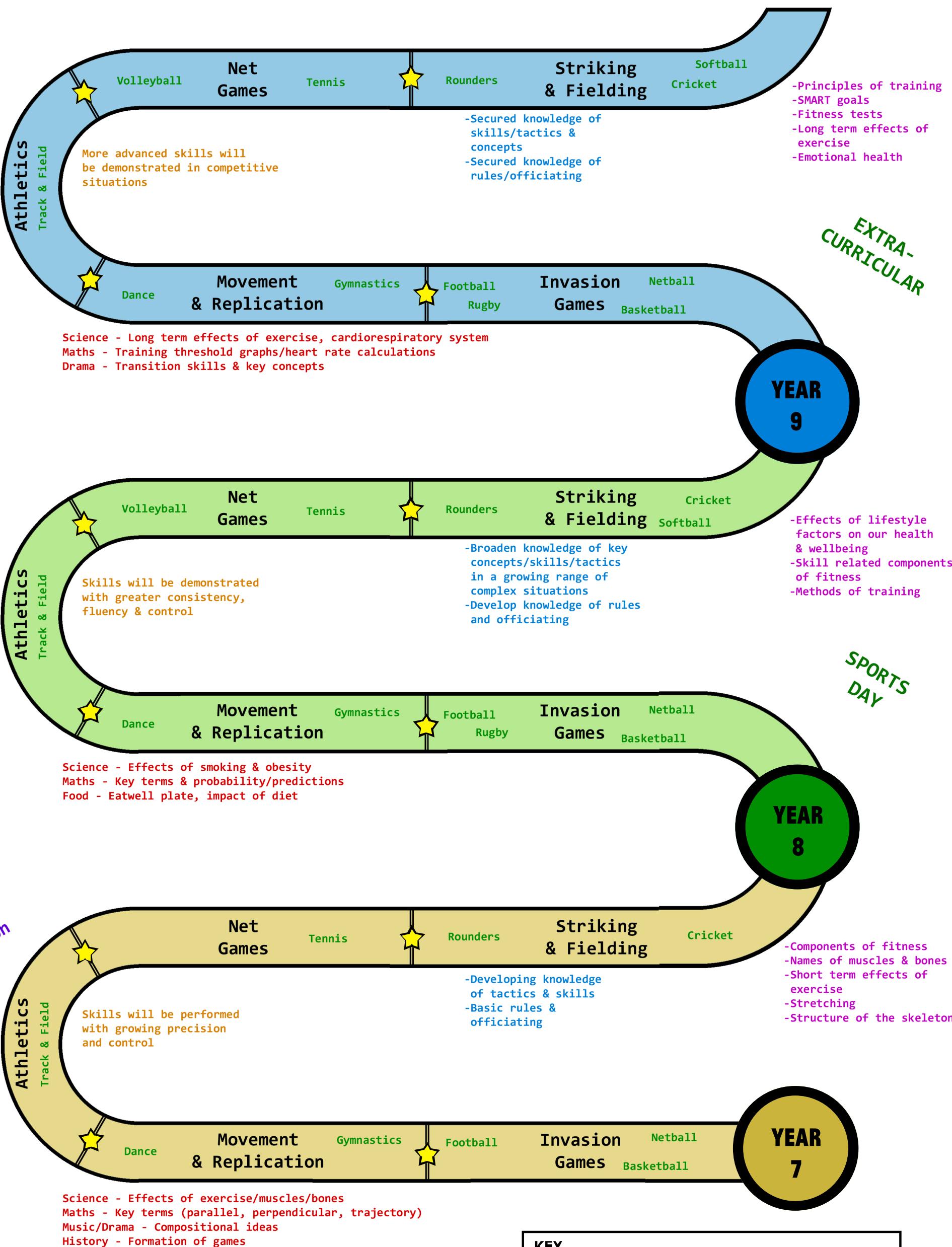
BTEC

Through the delivery of our BTEC sport course, it is our intent to develop confident individuals who are able to communicate their ideas and verbally and in written form. Students study four units across the course. For Unit 2 (practical sports performance) students learn the skills, techniques and tactics to be able to perform competitively in two sports. They learn the rules and roles/responsibilities of officials and how these are applied. In addition, students become competent at reviewing their performance and make recommendations on how to improve. Unit 6 (leading sports activities) students learn the skills necessary to be an effective sports leader. They use these to lead a sports session and evaluate their effectiveness recommending how to improve. In Unit 3, (applying the principles of personal fitness) learners gain the knowledge and skills to be able to identify areas of weakness in their fitness levels. They learn to plan and take part in a six-week training programme that brings about improvement in their fitness. Finally, they demonstrate the ability to be reflective thinkers as they evaluate the success of the training programme. Unit 1 (fitness for sport and exercise) provides the students the opportunity to learn more on how to train and prepare for sport and exercise. They begin to understand how these skills can be used either as part of a future career in the sports industry or as part of a healthy active lifestyle.



PHYSICAL EDUCATION KS3

Equality
Mindfulness



SPORT KS4

